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Summer - A Great Time to Bond with Your Children

By Staff Editor



(HealthNewsDigest.com) - Summer is a great time to sit back, relax and bond with your children. For those who want to get creative, there are all sorts of crafts and projects children can do to keep up the learning process.

Joanne Goldkrand, Director of Education and Debbie Scaccio, Arts and Crafts Specialist at Block Institute have the below suggestions for great crafts that children can practice and learn key skills while having fun. Block Institute provides programs and services to children with developmental disabilities 3 to 8 years of age.

Activity: Popcorn Bracelets

A fun easy activity that will engage special needs children who will eat as they play.

Project will involve improving eye-hand coordination, focus and attending.

What you need:

- Microwave oven
- Microwave popcorn
- Clean shoe laces with plastic ends for easy stringing
- Bowl for eating
- Bowl for stringing

What to do:

- 1) Adult should prepare popcorn according to directions on package; monitor heat so child can be safe
- 2) Portion out popcorn in the 2 bowls
- 3) String sample for child and enjoy

Activity: Tissue Paper Painting

A simple fun activity that encourages attending, focus, hand eye coordination. Activity allows for independence and success.

What you need:

Strips of colored tissue paper (2x5in)
Large white construction paper
Water
3 brushes of various sizes
Paper towels for clean up

What to do:

- 1) Paper needs to be placed on table
- 2) Child should lay strips onto white construction paper in any design that is his/her liking
- 3) When all tissue paper is placed, wet brush and gently go over the colored tissue
- 4) After all tissue paper is wet down, child should carefully take tissue off the construction paper and will be surprised to see colors stay on paper
- 5) Design is complete

Block Institute provides programs and services to children with developmental disabilities 3 to 8 years of age.

<http://www.blockinstitute.org/>